



Sioux Lookout
First Nations
Health Authority

Programs & Services

2026





Sioux Lookout
First Nations
Health Authority



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Overview

SLFNHA serves 33 First Nation communities in the Sioux Lookout region in Ontario, Canada throughout Treaties 3, 5, and 9.

Mandated by the leadership in these communities, our organization supports First Nations on their path to wellness by contributing in unique ways to a strong health system for the Anishinabe.

Mission

Transforming the health of Anishinabe people across Kiiwetinoong by providing community led services and a strong voice for their community health needs.

Vision

Resilient and healthy Nations supported on their path to wellness.

Values

We value respect, relationships, culture, equality, and fairness. We work to protect the Anishinabe teachings of love, courage, respect, wisdom, truth, honesty, and humility.



Sioux Lookout
First Nations
Health Authority



Organizational Timeline



- 1988-1993**
 - Sandy Lake First Nation Hunger Strike
 - Scott McKay Bain
 - Community Engagement
 - Health Panel & Report
 - Community Direction to develop a Health Authority (SLFNHA was developed)
 - SLFNHA Incorporated
- 1994-1999**
 - Nodin Mental Health Services
 - Client Services
 - Hostel Opened
 - Transportation Service
 - 4 Party Agreement
 - Nishnawbe Aski Nation, Sioux Lookout, Canada, and Ontario
 - Bi-lateral agreement leads to amalgamation of federal and provincial hospitals
- 2000-2005**
 - SLFNHA Capacity Building
 - Health Services Expanded
 - Tuberculosis, Prenatal, Developmental Services, Community Development, Telemedicine
 - Chiefs Committee on Health (CCOH) receives mandate
 - Participatory Research Project (PRP)
- 2006-2011**
 - Anishinabe Health Plan
 - Strategic Planning, Governance & Management Review
 - Physician Services
 - Sioux Lookout Regional Physician Services Inc. (SLRPSI)
 - Northern Clinic
 - Client Services
 - Jeremiah McKay Kabayshewekamik
 - Health Services & Program Growth
 - Northern Clinic
 - Research Team
- 2012-2017**
 - SLFNHA celebrates 25 years
 - SLFNHA Resolution 15-23 Call for Declaration of Public Health Emergency
 - Declaration of Health and Public Health Emergency – Code Blue (Issued by NAN and CCOH – Feb 2016)
 - Public Health Model
 - Approaches to Community Wellbeing program implemented
 - Health Services & Program Growth
 - Primary Care Teams
 - Community Health Workers
 - Diabetes Project
 - Developmental Services Expansion (Jordan's Principle)
- 2018-2023**
 - SLFNHA/NAN partnership on Health Transformation
 - Resolution #23-07 Adoption of Position Statement on First Nations Authority and Control over Health for the Sioux Lookout area First Nations
 - Strategic Policy, Planning & Quality Team development
 - AHP Review
 - SLFNHA Management Review
 - Client Services
 - Hostel Expansion (Hostels 2 & 3)
 - Programs & Services - Anishinabewaadiziwin Program, Privacy Program, Health Information Management, Quality Assurance, Meno Weecheeeway Patient Navigators, Community Health Hubs
 - Specialist Physician Services



Strategic Directions 2022-2027



Chiefs Council on Health

The Sioux Lookout area Chiefs Council on Health (CCOH) was formed in March 2004 (*Resolution 04/46*) by the Sioux Lookout Zone Chiefs.

The role of the CCOH is to “provide ongoing political direction, advocacy, and oversight in achieving First Nations self-determination over the regional health care system as mandated by the Sioux Lookout area Chiefs.” The CCOH is committed to moving forward in developing strategies on transforming the regional health system based on the First Nation right to self-determination.

The CCOH Terms of Reference have been updated as of 2024, to include an increased focus on its political role and to define its relationship with the SLFNHA Board of Directors. Together, a pathway forward will be co-developed based on the direction and feedback from community leadership and membership.

Board of Directors

The SLFNHA Board of Directors is made up of representatives from Tribal Councils, Independent First Nations in the Sioux Lookout area, and two Elders.

The Board sets the strategic directions of SLFNHA and works to strengthen governance and processes. This includes clarifying roles and responsibilities and developing board policies and governance practices that incorporate Anishinaabe ways. This involves finding the right balance between Anishinaabe teachings and values, while also following the requirements of a corporate structure.

The Strategic Plans are developed and designed by the Board members. The SLFNHA President & CEO is accountable to the Board and responsible for the implementation of the strategic plan and for stewardship of resources.

Executive Team

The SLFNHA Executive Team provides strategic planning, leadership, and decision-making, as well as overseeing operations and administration of the organization. They are responsible for overseeing the organization's vision, implementing policies, managing resources, and ensuring the organization meets its goals and objectives, as well as Strategic Directions.

Each member of the team leads and directs their respective departments to support the Mission, Vision, and Values of SLFNHA.



Sonia Isaac-Mann

President & Chief Executive Officer



Janet Gordon

Vice President, Community Health



Brian Calleja

Vice President, Finance & Corporate Services



Monica Hemeon

Vice President, Regional Services

Programs & Services

SLFNHA provides a variety of services such as primary health care, mental health services, client advocacy, accommodations, transportation, and more.



Programs & Services

Anishinaabewaadiziwin

Guided by Anishinaabe, Anishiniiniw, and Mushkego values, protocols, and practices, Anishinaabewaadiziwin (Way of Life) plays a crucial role in SLFNHA's vision of "Resilient and Healthy Nations". It achieves this by integrating culturally relevant and community traditions and practices throughout all SLFNHA departments.

Anishinaabewaadiziwin centralizes Anishinaabe, Anishiniiniw, and Mushkego ways of being and knowing by honouring and respecting the traditions and culture of the communities SLFNHA serves. It upholds and preserves their teachings, beliefs, and values through:

- Wholistic Traditional Healing Services
 - On the Land Activities and Ceremonies
 - Cultural Implementation
- Wellness Support Services
- Workshops and Professional Development
- Support Services

Hours:

Sioux Lookout Cultural Team:
Monday-Friday: 9:00 AM – 5:00 PM

Thunder Bay Admin Team:
Monday-Friday: 9:00 AM – 5:00 PM

Email:

anishinaabewaadiziwn@slfnha.com

Location:

2195 Highway 664, Sioux Lookout, ON
981 Balmoral St., Suite 200, Thunder Bay, ON

Anishiniiniw Nanandowi'kikendamowin

Anishiniiniw Nanandowi'kikendamowin is a community-directed research program that supports research initiatives based on community identified health priorities. We help ensure that research is community-driven and reflects the health and research priorities of communities (Resolution 12-08). Accurate health data can support programming and advocacy for delivery of appropriate and proactive health care for communities.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Phone:

(807) 737-6069

Location:

61 Queen St, Sioux Lookout, ON

Email:

research@slfnha.com

Programs & Services

Approaches to Community Wellbeing

Approaches to Community Wellbeing (ACW), the public health system in the region and a department within SLFNHA, focuses on the health of communities and populations rather than individuals. Its work centres on preventing disease and promoting healthy living, rather than treating illness. ACW assesses what systems, supports, and conditions need to be in place to help communities stay as healthy as possible for as long as possible.

Program areas in ACW include Harm Reduction, Safe Communities, Roots for Community Wellbeing, Preventing Chronic Diseases, Preventing Infectious Diseases, Raising Our Children, and Community Wellbeing Nursing.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Email:

ACWinfo@slfnha.com

Phone:

(807) 737-5189

Location:

54 Front St., Sioux Lookout, ON

Community Health Worker Diabetes Program

SLFNHA and the University of Toronto have partnered to deliver the Community Health Worker (CHW) Diabetes Program. The goal of this program is to enhance capacity for diabetes management and support through empowering community health workers. It aims to strengthen diabetes care in remote communities and build the capacity of CHWs to support diabetes patients, plan community health events, and manage health information.

The CHW program provides innovative mentorship and networking opportunities, along with education and training, to help grow skillsets and confidence in community-based health workers. It also provides support for community events, screening initiatives, wellness workshops, youth engagement, and more! Staff strive to work alongside communities to build strong relationships, with a focus on community ownership and health transformation.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Email:

chwdiabetes@slfnha.com

Phone:

(807) 738-2989

Location:

61 Queen St., Sioux Lookout, ON

Programs & Services

Client Services Department

The Client Services Department (CSD) supports SLFNHA by providing essential non-medical services such as accommodations, meals, transportation, housekeeping, laundry, security, and client advocacy. The team ensures a culturally respectful 'home away from home' environment for community members traveling for medical appointments in Sioux Lookout.

Hours:

24 hours / 7 days a week

Phone:

Main Reception - (807) 737-3850

Locations:



**Mashkikii Odanohkiik
Kabayshewekamik**

2 Sturgeon River Road
Sioux Lookout, Ontario



**Jeremiah McKay
Kabayshewekamik**

2 Meno Ya Win Way
Sioux Lookout, Ontario



**Niyanan Nengo Saaga'iiganiwinwag
Kabayshewekamik**

3 Sturgeon River Road
Sioux Lookout, Ontario



Programs & Services

Community Health Hubs

SLFNHA currently operates Community Health Hubs in eight communities.

The Community Health Hubs provide clinical and accommodation space to provide services in community.

Contact:

communityhealthhubs@slfnha.com

Locations:

- Webequie First Nation
- Cat Lake First Nation
- Muskrat Dam First Nation
- Keewaywin First Nation
- Mishkeegogamang Ojibway Nation
- Nibinamik First Nation
- North Caribou Lake First Nation
- Sandy Lake First Nation



Programs & Services

Developmental Services

Developmental Services is a multidisciplinary, pediatric program providing extensive developmental support to children, youth, and families. Services are available in the community through mobile teams and at specialized clinics in Sioux Lookout, ensuring timely access to care.

We focus on offering culturally safe, client-centred care tailored to individual needs. While specializing in complex developmental needs we also address service gaps when community or Tribal Council supports are unavailable.

Our services include audiology, child and youth psychiatry, complex care navigation, child development education, diagnostic hubs for Autism and FASD, dietitian services, developmental pediatrics, Indigenous liaison services, Mashkikiwininiwag Mazinaatesijigan Wichiiwewin (DSO support), occupational therapy, optometry, physiotherapy, school and clinical psychology, and speech language pathology.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Phone:

(807) 737-3797
1-855-885-8824

Email:

dsreception@slfnha.com

Location:

40, 41, & 42 King St.,
Sioux Lookout, ON



Programs & Services

Health Benefits and Client Support

Health Benefits and Client Support programs provide coordinated guidance to SLFNHA clients accessing health care within and outside their home communities. Meno Weecheeeway Patient Navigators and the Indigenous Transition Facilitator support First Nation members who must travel for care by helping them navigate provincial and federal health systems, overcome barriers, and transition smoothly into care, through hospital stays, and back home.

In addition, SLFNHA is developing an Oral Health Services program supported by a comprehensive business case and implementation strategy. This First Nations-led model recognizes the strong connection between oral health and overall wellness and promotes a wholistic approach to care.

Patient Navigators:

Available in Sioux Lookout, Winnipeg, and Thunder Bay
(807) 737-6162
navigator@slfnha.com

Indigenous Transition Facilitator

981 Balmoral St.,
Thunder Bay, ON
(807) 629-0152

Oral Health Services:

53 Front St., 2nd Floor
Sioux Lookout, ON
(807) 737-6102
OHI@slfnha.com

Nodin Mental Health Services

Nodin is dedicated to strengthening and improving the mental wellness of First Nation individuals and communities by providing a wide range of culturally safe, trauma-informed services. These services are designed to support people through life's challenges and promote long-term resilience. Services include:

Intake and Assessment, Outpatient Mental Health Service located in Sioux Lookout, Psychology Service, School-Based Youth Counselling at Sioux North High School, Travelling Mental Health Counsellors, Mobile Outreach Service, Social Emergency Response Service

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Contact:

Phone: (807) 737-4011
Toll Free: 1-800-446-7863
Fax: (807) 737-1398

Social Emergency Response Service

On-Call After Hours, Weekends, and Statutory Holidays:
Phone: (807) 738-0700

Location:

54 Queen St., Sioux Lookout, ON

Programs & Services

Onaman Ziibi

Located at 2195 Hwy 664 between Sioux Lookout and Hudson, the camp has seven cabins and can accommodate 29 people comfortably. Onaman Ziibi sits on the river's edge of Vermilion River which flows from Big Vermilion Lake and into Pelican Lake.

We offer private cabins, large space for recreational and land-based traditional teachings, alongside the new Niiwininaake-kamik Four Directions Lodge.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Phone:

(807) 582-9713

Email:

onamanziibi@slfnha.com

Location:

2195 Highway 664, Sioux Lookout, ON

Physician Services

The Physician Services Department supports the administration, coordination, planning, and management of physician and client care in the First Nations served by SLFNHA, as well as at the Northern Clinic and Sioux Lookout Meno Ya Win Health Centre (SLMHC). Physicians in the Sioux Lookout area are governed by Sioux Lookout Regional Physicians' Services Inc. (SLRPSI), which consists of representatives from SLFNHA, SLMHC, and physician practice groups.

Family physicians working through SLRPSI provide clinical services in Sioux Lookout at the Northern Clinic, Hugh Allen Clinic, and SLMHC, as well as in the First Nations across the Sioux Lookout region.

The Northern Clinic, managed by Physician Services, provides medical services in Sioux Lookout for members of First Nations served by SLFNHA. This includes a variety of medical assessments, tests, and referrals, as well as additional services such as medical records, reception, and interpretation.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

MD Scheduling On-Call Hours:

Monday-Friday: 6:00 AM – 8:30 AM & 4:30 PM – 8:30 PM

Weekends: 8:00 AM – 8:30 PM

Physician Services:

61 Queen Street
Sioux Lookout, ON P8T 1B8

Phone: (807) 737-1802

Fax: (807) 737-1076

Northern Clinic:

#4 Meno Ya Win Way
PO Box 4000

Sioux Lookout, ON P8T 1K2

Phone: (807) 737-5182

Fax: (807) 737-2994

Programs & Services

Primary Care Team

The Primary Care Team is a multidisciplinary travelling team that provides in-community health services, including preventative care, monitoring, screening, and treatment of chronic disease. It aims to support communities and clients in building skills to self-manage their health and well-being.

Services offered: Nurse Practitioner/Liver Wellness (Hepatitis C) Program, Registered Practical Nurse/Foot Care, Registered Nurse/Wound Care, Registered Dietitian (Nutrition), Physiotherapy, Kinesiology, Occupational Therapy, Pharmacist, and Speech Language Pathology.

Hours:

Monday to Friday: 8:30 AM – 4:30 PM
Closed for Lunch: 12 PM – 1 PM

Phone:

General Inquiries and Self-Referrals:
(807) 737-5683

Confidential Fax Line:
(807) 737-8130

Email:

pctreception@slfnha.com

Location:

55 Queen St., Sioux Lookout, ON





Photo by Miranda Waboose



Administration

Administration

Finance

The Finance Department ensures responsible management of the organization's funds, supporting programs and services through strategic budgeting, financial planning, and transparent reporting. Finance handles all accounting functions, grant management, financial compliance, and procurement to maintain fiscal integrity. Its goal is to enable sustainable growth while ensuring accountability and efficient use of resources for community impact.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Phone:

(807) 737-1802

Location:

61 Queen St., Sioux Lookout, ON

Email:

finance@slfnha.com

People & Culture - Human Resources

Human Resources (HR) contributes to the overall mission of SLFNHA by helping to build a strong and capable workforce that supports health services for the First Nations we serve. The HR department is responsible for providing leadership and support in areas such as talent acquisition, employee relations, compensation, benefits, performance management, health and safety, staff health, training, and development. HR works to foster a supportive and culturally respectful workplace for all employees. As a First Nations organization, SLFNHA is continuously promoting First Nations employment and capacity building.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM

Phone:

(807) 738-1078

Location:

21 Fifth Avenue S., Sioux Lookout, ON
981 Balmoral St., Thunder Bay, ON

Email:

human.resources@slfnha.com

Administration

Strategic Policy, Planning & Quality

The Strategic Policy, Planning & Quality (SPPQ) team supports the development of tools, processes, and initiatives that assist in the implementation of the strategic management framework and innovations that inform a regional health system. It is also focused on the following key streams:

- Engagement & Partnerships
 - Communications, Audio/Visual, & Events
- Mental Health & Addictions Project
- Policy, Planning
- Quality Assurance
 - Privacy, Compliments & Complaints

Hours:

Monday to Friday: 8:30 AM – 4:30 PM

Phone:

(807) 738-5195

Location:

61 Queen St., Sioux Lookout, ON
981 Balmoral St., Thunder Bay, ON

Email:

j.derosier@slfnha.com

Technology & Health Systems

The Technology & Health Systems team provides secure, reliable, and efficient support for all technical and clinical information systems across SLFNHA. The IT team manages networks, servers, enterprise applications, cybersecurity, and overall technical operations. The Health Systems (Clinical IT) team leads the support, development, and optimization of the Electronic Medical Record (EMR) and other clinical information systems. Together, the teams guide strategic planning, policy development, and governance to ensure that both technology and health information systems effectively support clinical and administrative services throughout the organization.

Hours:

Monday-Friday: 8:30 AM – 4:30 PM
On-Call hours: Mon.-Fri. 24 Hours a day

Email:

help-desk@slfnha.com
musti.requests@slfnha.com
emr.tech@slfnha.com

Location:

60 Front St., Sioux Lookout, ON
981 Balmoral St., Unit 200, Thunder Bay, ON



Health Partners



Independent First Nations Alliance

The Independent First Nations Alliance (IFNA) is a First Nations-led Tribal Council with the objective of providing customized support to the communities they serve.

Health Programs Available:

- Pediatric Program (primary care, early childhood screening, speech-language pathology, physiotherapy, occupational therapy)
- Jordan's Principle
- Mental Health & Addictions
- Mental Wellness
- Mamow Health
- Public Health

Communities served:

- Whitesand First Nation
- Lac Seul First Nation
- Kitchenuhmaykoosib Inninuwug
- Pikangikum First Nation
- Muskrat Dam First Nation



Contact:

Thunder Bay Office:
1151 Barton Street, Unit 203
Thunder Bay, ON P7B 5N3
Tel: (807) 626-7730
Fax: (807) 626-7738
reception@ifna.ca

Sioux Lookout Office:
34 Prince Street, Basement
Sioux Lookout, ON P8T 1K6
Toll Free: 1-888-253-IFNA
Tel: (807) 737-1902
Fax: (807) 737-3501
reception@ifna.ca

Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Website: www.ifna.ca



Keewaytinook Okimakanak Health

Keewaytinook Okimakanak (KO) Health is one of the core service areas of the KO Tribal Council, responsible for delivering health services and supporting the healthcare needs of the six KO First Nation communities. Guided by the direction of the Chiefs, KO Health is committed to ensuring that the values and traditional practices of the communities are reflected throughout the workplace. KO Health has expanded service in crisis response for 49 First Nations through NAN Hope.

KO's health mandate is to plan, deliver, monitor, and report on health services, encompassing high-quality community-based health care and support services, as well as improved productivity and performance. Our service offerings include health services, mental health services, health/social emergency management, nursing, home and community care, Jordan's Principle, and the Primary Health Care Clinic located in Thunder Bay, which provides direct, accessible clinical services to support community wellness.

KO Health has over 100 staff located both in urban centres and within our communities. Our teams and services will continue to grow in response to community needs. KO Health is guided by our Chiefs and community leadership, as well as by the Executive Director, Aaron Kakepetum.

Communities Served:

Deer Lake First Nation, Fort Severn First Nation, Keewaywin First Nation, McDowell Lake First Nation, North Spirit Lake First Nation, Poplar Hill First Nation

Contact Email and Phone:

Armanda Parkinson - Director of Health

Phone: 1-800-387-3740

Email: armandaparkinson@kochiefs.ca

Sioux Lookout Office:

115 King Street

Sioux Lookout, ON

P8T 1B9

Thunder Bay Office:

105-100 Anemki Drive

Fort William First Nation, ON

P7E 1C9



Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Website: www.kochiefs.ca/departments/health



Fort Severn



Keewaywin



Deer Lake



North Spirit Lake



Poplar Hill



McDowell Lake

Matawa Health Co-Operative

The Matawa Health Co-operative delivers enhanced support and health services to Matawa members both on and off reserve. Driven by community needs, these services are tailored to everyone. Our primary care is provided in a wholistic way, through an interdisciplinary team approach. Traditional healing and medicines are integrated, with a strong focus on mental health and chronic disease management.

Matawa Health Co-operative provides the following health services: primary care (in-person and telehealth), traditional healing, community nursing, mental health, public health, chronic disease support, foot care, diabetes support, nutrition programs, immunizations, educational programs, Elder support, youth support and recreation, cultural and land-based supports, systems navigation, health transformation, smoking cessation counselling and nicotine replacement therapy.

Communities Served:

Aroland First Nation, Constance Lake First Nation, Eabametoong First Nation, Ginoogaming First Nation, Long Lake #58, Marten Falls First Nation, Neskantaga First Nation, Nibinamik First Nation, Webequie First Nation.

Contact:

Phone: (807) 346-2370

Email: mhc-reception@matawa.on.ca

Location:

Matawa Training and Wellness Centre
523 Algoma St. N., Thunder Bay, ON

Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Website:

www.matawa.on.ca/corporations/matawa-health-co-operative/



WEBEQUIE FIRST NATION



NESKANTAGA FIRST NATION



MARTEN FALLS FIRST NATION



LONG LAKE #58 FIRST NATION



GINOOGAMING FIRST NATION



EABAMETOONG FIRST NATION



CONSTANCE LAKE FIRST NATION



AROLAND FIRST NATION



Scan for more information

Paawidigong First Nations Forum Inc.

Paawidigong First Nations Forum Inc. is a not-for-profit organization that was established in 1996 and provides culturally appropriate health programs and social services to the First Nations communities within the Dryden Area.

Programs and services offered are Community Health & Home and Community Care Nursing, Diabetes Nurse and Education, Aboriginal Diabetes Initiative, Mental Wellness, and Mental Health & Addictions.

Communities Served:

Migisi Sahgaigan, Wabigoon Lake Ojibway Nation, Wabauskang First Nation, Lac Seul First Nation, and Lac Des Milles Lacs.

Contact:

Carissa Lundmark, Acting Executive Director
Phone: 807-223-5080 ext. 237

Location:

106 King Street
Dryden, ON
P8N 1C1

Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Website:

www.pfnf.ca



Eagle Lake
First Nation



Shibogama First Nations Council

We take direction from our Elders and community leadership, and work to protect our language, our culture, and our treaty rights. We believe in mutual respect and cooperative working relationships, and in following the guidance of the Creator.

Shibogama provides the following health services: Enhanced Nursing (Nurse Practitioners, Nurse Practice Consultant, Public Health Nurses, Home and Community Care Nurses), NIHB Patient Navigator, Jordan's Principle Allied Health (Developmental Mental Health, Speech Pathology) and Navigators, Mental Health Counselling, Case Management, Crisis Response Coordination, Land-based Programming, Youth Programming.

Communities Served:

Kasabonika Lake First Nation, Kingfisher Lake First Nation, Wapekeka First Nation, Wawakapewin First Nation, Wunnumin Lake First Nation.

Contact:

Rachel Gessie - Health Director
Phone: 807-737-2662
Email: rachelg@shib.ca

Location:

81 King Street, Sioux Lookout ON, P8T 1A5

Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Website: www.shibogama.on.ca



Windigo First Nations Council

Windigo First Nations Council delivers community-based health programs across seven member First Nations. Health services include Community and Patient Health Advocacy and Navigation, Home and Community Care, Diabetes Education and Foot Care, Physiotherapy, Crisis Response Coordination, In-community and Secondary Education Mental Health Counselling Services and WINKS Youth program. All programs are designed to reflect unique community needs with accessible, culturally appropriate care.

Communities Served:

- Bearskin Lake First Nation
- Cat Lake First Nation
- Koocheching First Nation
- North Caribou Lake First Nation
- Sachigo Lake First Nation
- Slate Falls First Nation
- Whitewater Lake First Nation



WINDIGO FIRST NATIONS COUNCIL

SERVING THE COMMUNITIES OF:

Bearskin Lake First Nation
Cat Lake First Nation
Koocheching First Nation
North Caribou Lake First Nation
Sachigo Lake First Nation
Slate Falls First Nation
Whitewater Lake First Nation

Contact:

Allan Tait - Health Director

Phone: (807) 737-1585 ext. 7745 or (807) 627-4640

Email: jtait@windigo.on.ca

Dianerose Kanyesigye - Director of Health & Wellness Services

Phone: (807) 737-1585 ext. 7741

Email: dkanyesigye@windigo.on.ca

Location:

160 Alcona Drive, P.O. Box 299, Sioux Lookout, ON P8T 1A3

Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Website: www.windigo.on.ca



Mishkeegogamang Ojibway Nation

Nestled in the heart of northwestern Ontario, Mishkeegogamang Ojibway Nation is located near the northern edge of Lake St. Joseph, just off Highway 599. The community is served by a local health centre that provides essential care, including immunizations and medication dispensing. For specialized medical needs, residents may travel to larger centres such as Thunder Bay or Winnipeg.

The Home & Community Care Program, funded by Health Canada, brings personalized health services directly into the homes of Elders and individuals with physical challenges, supporting independence and well-being.

The Pashkokogan Healing Lodge offers various intakes and camps focused on healing from addiction and trauma, while reconnecting with culture, community, and the land.

Contact:

Patricia Keesickquayash, Health Director

Phone: 807-928-2446

Email: health.director@mishkeegogamang.ca

Location:

Mishkeegogamang Nursing Station

Hours:

Monday–Friday: 9:00 AM – 5:00 PM

Website: www.mishkeegogamang.ca/services/health



Ojibway Nation of Saugeen

Ojibway Nation of Saugeen has an on-reserve population of 110 and is located off HWY 599, 150km South of Pickle Lake, Ontario. Saugeen is a member of Nokiiwin Tribal Council.

The hours of majority of community workers are 8 AM - 4 PM. Saugeen Health Centre has a Brighter Futures Worker who works with all ages of children doing extracurricular activities. The community also has a NNADAP Worker who holds a portfolio of substance abuse and alcohol. We also have a Band Rep Program that helps at risk families involved with child welfare by keeping families together and healthy within the community. Other external services that often visit the community are: dental care, foot care, Northwestern Health Unit, SLFNHA, and monthly visits by a physician from Sioux Lookout.

Contact:

Meagan Machimity, Health Director

Phone: 807-928-9985

Email: health.director@ojibwaynationofsaugeen.ca

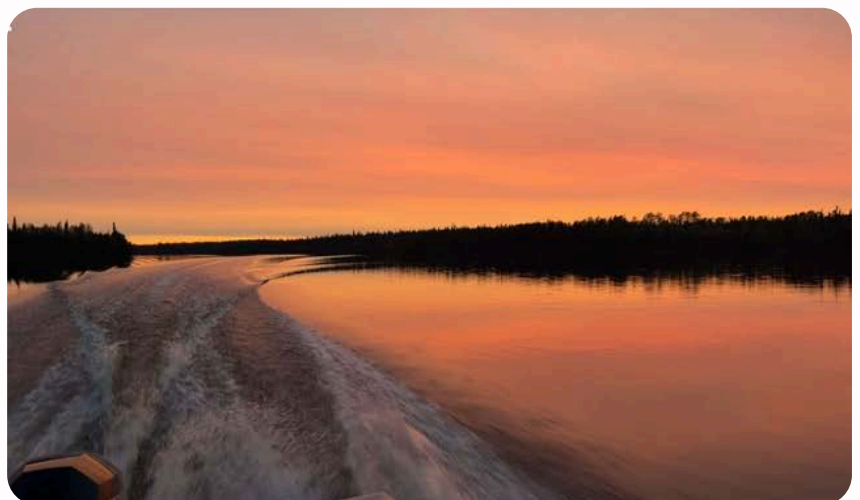
Location:

Off Highway 599, 150km South of Pickle Lake

Hours:

Monday–Friday: 8:00 AM – 4:00 PM

Website: www.ojibwaynationofsaugeen.ca



Sandy Lake First Nation Health Authority

The Sandy Lake Health Authority oversees the administration of health programs in Sandy Lake. Programs include: Telehealth, Mental Health, NNADAP, Dental, Diabetes Prevention, Diabetes Research, Homecare, Brighter Futures, Nishtum Headstart, FAS/FAE, Nananda Miniyawin, Child Wellness, Maternal Health.

Contact:

Joan Rae - Health Director

Email: joanrae2020@gmail.com

Location:

Sandy Lake Nursing Station

Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Website:

www.sandylake.firstnation.ca

(search “Sandy Lake Health Authority”)



Nishnawbe Aski Nation

Nishnawbe Aski Nation (NAN) was established in 1973, and was originally known as Grand Council Treaty No. 9 until 1983. Grand Council Treaty No. 9 made a public declaration – A Declaration of Nishnawbe-Aski (The People and the Land) – of our rights and principles in 1977.

NAN territory encompasses James Bay Treaty No. 9 and the Ontario portion of Treaty No. 5, a landmass covering two-thirds of the Province of Ontario, spanning 210,000 square miles.

NAN represents 49 First Nations with a total population (on and off-reserve) of approximately 45,000 people grouped by Tribal Council. Six of our member Nations are not affiliated with a specific Tribal Council.

Health Policy and Advocacy Department:

- Health Policy and Advocacy – Mental Health Framework and Strategy, Ontario Aboriginal Diabetes Strategy, public health and capacity building
- Health Transformation – Long term healthcare and governance system planning

Contact:

nanhealthpolicy@nan.ca

Location:

200 Syndicate Ave, Thunder Bay, ON

Hours:

Monday–Friday: 9:00 AM – 5:00 PM EST

Website: www.nan.ca



Nishnawbe
Aski Nation

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Sioux Lookout Meno Ya Win Health Centre

Sioux Lookout Meno Ya Win Health Centre (SLMHC) is a fully accredited 60-bed hospital and a 21-bed extended care facility. SLMHC acknowledges we are built on the sacred land and traditional territory of the Lac Seul Ojibwe Nation, where we provide health services to all residents of Sioux Lookout and the surrounding area, including Hudson, Pickle Lake, Savant Lake, and the First Nation communities in our region. At SLMHC, we provide a broad range of basic and specialized services along the continuum of primary health care. These include diabetes care, stroke prevention, mental health counselling and addiction services, and acute and outpatient programs.

Phone:
(807) 737-3030

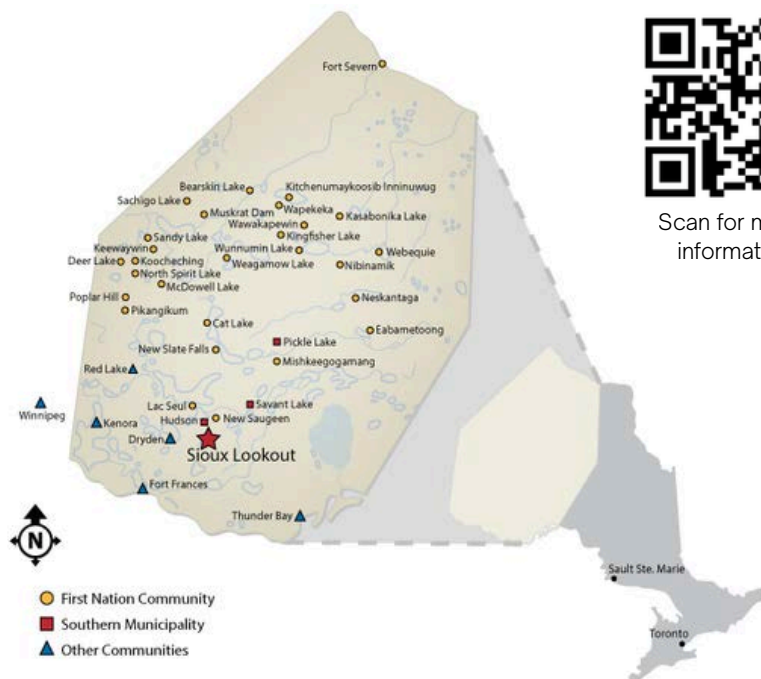
Patient Feedback:
feedback@slmhc.on.ca

Location:
1 Meno Ya Win Way
P.O. Box 909
Sioux Lookout, Ontario
P8T 1B4

Website:
slmhc.on.ca



Scan for more
information



Tikinagan Child & Family Services

The Creator entrusted First Nations with the sacred responsibility of protecting our children and developing strong families and healthy communities. This is why they established Tikinagan Child and Family Services more than 40 years ago.

Tikinagan uses the Mamow Obiki-ahwahsoowin service model. In Ojibway/Oji-Cree, Mamow Obiki-ahwahsoowin means, “Everyone working together to raise our children.” It is based on our traditional way of protecting and caring for children and supporting families, and has been designed and is delivered by First Nations people in our 30 communities.

The overall goal of Tikinagan is to keep our children safe and cared for in their home communities – surrounded by family, culture, and support.

Contact:

Main Office: 65 King Street, Sioux Lookout

Head Office: Sandy Lake First Nation

For a full list of our locations and contact info, or to reach us online via our chatbot or online form visit [tikinagan.org/contact-us](https://www.tikinagan.org/contact-us)



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Tikinagan
Child & Family Services

Hours:

Monday–Friday: 8:30 AM – 4:30 PM

Service available 24/7 at 1-800-465-3624

Website:

www.tikinagan.org



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Alone we can do so little;
together we can do so much.

Miigwetch to our Partners

Carleton University
Chiefs Council on Health
Chiefs of Ontario
Children's Mental Health Centre of Excellence
Children's Hospital of Eastern Ontario
Choose Life
Community Counselling & Addictions Services
FIREFLY
First Nations Family Physicians and Health Services
Fort Frances Tribal Area Health Authority
First Nations & Inuit Health Branch
Government of Canada / Indigenous Services Canada
Independent First Nations Alliance
Independent First Nations
Indigenous Healing & Wellness Strategy
Jordan's Principle
Keewaytinook Okimakanak
Kenora Chiefs Advisory
Lac Seul Police Service
Maamwesying North Shore Community Health Services
Matawa First Nations Management
Ministry of Children, Community & Social Services
Ministry of Health
Municipality of Sioux Lookout

Nishnawbe Aski Nation
Nishnawbe-Gamik Friendship Centre
Nokiiwin Tribal Council
Northwestern Ontario Infection Control Network
Ontario Native Women's Association
Ontario Sick Kids Telepsychiatry
Ontario Provincial Police
Ontario Trillium Foundation
Ornge
Public Health Agency of Canada
Province of Ontario
Sioux Lookout - Hudson Association for Community Living
Sioux Lookout Meno Ya Win Health Centre
Sioux Lookout Pastoral Care Services
Sioux Lookout Regional Physician Services Inc.
Shibogama First Nations Council
Southcentral Foundation
Sunset Women's Aboriginal Circle
Tikinagan Child and Family Services
Thunder Bay District Health Unit
Wabun Tribal Council
Weeneebayko Area Health Authority
Windigo First Nations Council



Sioux Lookout
First Nations
Health Authority

1 Frenchman's Head Way
Lac Seul First Nation, ON P0V 1X0

61 Queen Street, PO Box 1300
Sioux Lookout, ON P8T 1B8

981 Balmoral Street, Suite 200
Thunder Bay, ON P7B 0A6

www.slnha.com



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