



Nishnawbe
Aski Nation
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Sioux Lookout
First Nations
Health Authority

FEBRUARY 10, 2026

Invitation to a Regional Mental Health Forum

March 23-26, 2026 | *Minopimatisiwin Mamow Onahchiikewin*

Dear Partners and Colleagues:

The Nishnawbe Aski Nation (NAN) and Sioux Lookout First Nations Health Authority (SLNFHA) cordially invite you to a Regional Mental Health Forum – March 23-26, 2026, in Thunder Bay, ON. The theme of the forum is '**Mapping the Way to Mental Wellness**'.

We are fully embracing a coordinated, partnered approach to this important work and recognize that historical and current harms continue to cause higher rates of mental health issues within communities.

The purpose of the meeting is to develop a collective pathway forward on addressing the mental health and addictions crisis in the north.

Who Should Attend: Elders, Youth and Women's Councils, First Nations and Tribal Council Health Directors, Crisis and Choose Life Coordinators, NNADAP, Mental Health Task Force members, Health Authorities.

What to expect: Shared mental health mandates, strategies, wise practices and service provision updates to understand what is in place, where work overlaps, and where gaps exist.

The details and agenda for this meeting will follow in the coming weeks.

Link to the registration application: nan-slnfha.com/apply

We look forward to walking in partnership and co-developing a coordinated and aligned approach to achieve health and wellness for First Nations in the region.

Sincerely,

Anna Betty Achneepineskum

Deputy Grand Chief
Nishnawbe Aski Nation

Sonia Isaac-Mann

President & Chief Executive Officer
Sioux Lookout First Nations
Health Authority

