Developmental Services

Pediatric Physiotherapy

Physiotherapists (PT)

Physiotherapists (PT) are healthcare professionals who help children that are having difficulty when playing and moving through their environment. PT's use methods such as exercise, stretching, strengthening, play and adaptive equipment to help. PT's can also help adapt the environment, that children play in, to help them achieve their maximum ability.

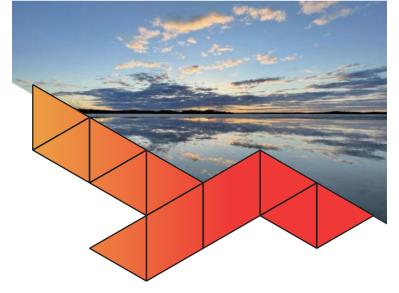
Our Office

42 King Street Sioux Lookout, ON

Contact

(807) 737-4797 **Toll Free:** 1-855-885-8824

www.slfnha.com



Once the referral has been processed and a PT is available to see the client, they will meet with the parent/caregiver for an initial interview to explain what a PT may be able to offer and determine the areas of concern. The PT will complete an assessment with the client, which may occur at home, school, in a community setting and/or by video conference/telehealth. Once the assessment is completed, a report is written providing recommendations that can be reviewed with the parent/caregiver and others involved with the client.

A therapy plan may include, but is not limited to:

- An initial assessment
- Working together with children and their families, caregivers, daycare and school staff and other agencies to provide individualized treatment plans to better support the child and family's strengths and needs
- Direct therapy, either individual or group
- Determining the need for equipment
- Home programs for use by parents/caregivers, and school staff

Ongoing monitoring and transition training provided. The therapist is in regular contact with the person who carries out the program.



Sioux Lookout First Nations Health Authority

For More Information

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