## Developmental Services

Toll Free: 1-855-885-8824

# OCCUPATIONAL Therapy

#### **Occupational Therapists (OTs)**

Children have "jobs" at home, school, and in the community such as learning to care for themselves (feeding, dressing, toileting), engaging in learning activities (participating in class, playing, colouring, printing, using scissors) and being able to be out in their community and participate in events.

Occupational Therapists (OT's) are health care professionals who use a strengths-based approach to support children who are experiencing challenges with these every day activities.



Sioux Lookout First Nations Health Authority





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#### Who is eligible?

Children from infancy through 18 years.

#### Where do services occur?

Home, school and community settings (daycare, hospital, etc.) or by video/telehealth.

#### Who can refer?

A referral can be made by anyone (school staff, parent/ caregiver, or health care professional as long as the legal guardian has provided consent).

#### What do services look like?

Once an OT is available to see the child they will schedule a meeting with the parent/ caregiver and/ or adolescent to gain more information and to find out the child's strength and challenges, and what the OT might be able to offer. If appropriate more assessment will then occur followed by a written report outlining goals developed with those supporting the child, and recommendations. This will include a plan of action to meet the needs of the child. The plan may include but is not limited to direct intervention, consultation, education, monitoring or helping to secure equipment.

### **For More Information**

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