



Sioux Lookout  
First Nations  
Health Authority

# CORONAVIRUS COVID-19

## INFORMATION SHEET

### Pfizer COVID-19 Vaccine After Care

November 9, 2021

#### What to expect after getting your needle

You will need to wait for at least 15 minutes. This is to make sure you are feeling well before you leave. Some people will need to wait for 30 minutes if there is a concern about allergies.

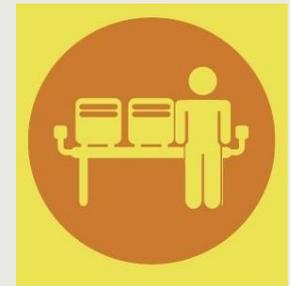
Tell a team member if you are not feeling well. The clinic staff are trained and ready to help you if:

- You are itchy
- You have swelling in your face, tongue, or throat
- You are having trouble breathing



#### Stay safe while you wait

- Wear a mask.
- Stay at least 2 metres (6 feet) from others.
- Use hand-sanitizer to clean your hands when you leave the clinic.



#### What to expect in the next few days

Some people have side effects. The most common side effect is pain, redness, or swelling on your arm where you got your needle. A few people have tiredness, body pain, headache, or low fever. Some people have nausea and vomiting. Some others have swollen lymph nodes in their armpit on the same side. If you have pain or fever, ask your nurse about taking Tylenol or Advil. These side effects do not last long and go away after a few days.



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### When to call for help

Call for medical help right away if you have hives (itchy rash), swelling, trouble breathing, are very pale or very sleepy. You should also call for help if you have a high fever over 40°C, have “pins and needles”, or seizures.

If you have any concerns or questions reach out to your community health team.



### Your second dose:

Your second dose of the Pfizer COVID-19 vaccine is due around 21 days later. Do not have any other vaccines until at least 4 weeks after your second dose unless it is urgently needed for preventing an infection.



### A third dose:

A third dose is given at least 6 months after the second dose. This booster will help give extra protection as the protection from the vaccine drops over time. Ask your community health nurse if you are eligible.

Even after vaccination, keep on using all of the public health measures to help stop the spread of COVID-19. For more information, write to us at: [ACWinfo@slfnha.com](mailto:ACWinfo@slfnha.com)