



Sioux Lookout
First Nations
Health Authority

Script: COVID-19 Vaccine Facts for Youth

Developed: May 2021 (updated August 2021)

Hello/Boozhoo. This is _____.

Today, we are reviewing some COVID-19 vaccine facts for youth.

We will go through a series of questions. After we read out the question, we will give you some facts.

Let's begin.

Question 1: Why should youth get vaccinated?

Youth are not immune to COVID-19. It is true that children and youth are less likely to become seriously ill. But it doesn't mean that they can't. There have been children and youth who have had to get treated in hospital for COVID-19. The vaccine can really lower their risk for severe illness. The vaccine can also help youth protect their loved ones. When youth are fully vaccinated, they are less likely to spread the virus on to family members and friends.

Question 2: I know someone who is 10. Can they get the vaccine?

At this time, only people who are 12 and up or who are turning 12 before the end of this calendar year can get the vaccine. Studies with children under the age of 12 are happening. We hope to have some results soon.

Question 3: Why can youth only get the Pfizer vaccine?

The Pfizer vaccine is the one that has been fully tested on youth and approved by Health Canada. Other studies are happening. When the research has been reviewed, more vaccines may become available. Until we learn more, youth who are at least 12 or who will be 12 by the end of the year can get the Pfizer vaccine.

Question 4: Do youth need parental consent to get vaccinated?

Youth can give their own consent to get vaccinated. They need read through the information sheet first. It is important that they understand three things.



- What is involved in getting the vaccine
- Why the vaccine is recommended
- The benefits and risks of choosing or refusing the vaccine

It may be helpful to talk to a family member. If youth can't consent on their own, then a caregiver can give consent.

Question 5: Can you get COVID-19 from the vaccine?

No, you cannot. The vaccines do not contain the live virus.

Question 6: Is the vaccine safe since it was developed so quickly?

Yes, the vaccine is safe. It went through the same trial phases and passed the same tests as all our other vaccines. It was developed more quickly because we have a great need for it. Many resources are being put towards vaccine research. So, researchers can do many trial phases at the same time.

Question 7: Can the vaccine make you infertile?

No. There is no evidence that the COVID-19 vaccines affect a person's ability to have children. In fact, some of the participants in the original vaccine trials have since become pregnant and had children. If you are thinking of starting a family, or are pregnant, talk to your healthcare provider. It is a good idea to get vaccinated.

Question 8: Can the vaccine make you magnetic? What is in the vaccine?

No. The vaccine cannot make a person magnetic. None of the vaccines contain a microchip or any other metals. They don't have eggs, gluten, or preservatives in them. And they don't contain any blood products.

COVID-19 vaccines are made up of four groups of ingredients. Most of the ingredients are the kinds of things that we put in our bodies every day. The vaccines contain sugars, fats, salts, and the medical ingredient. The sugars, fats, and salts help the vaccine safely deliver its instructions to your body to trigger an immune response.



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Question 9: Do you need to wear a mask after you get the COVID-19 vaccine?

Yes. It will take some time to vaccinate everyone. And some people, like children, are still waiting for their turn. It is important to keep wearing a mask for everyone's safety. And to keep following the other public health measures in your community.

We hope this has helped answer some of your questions. We understand that you may have more. If you still have questions, you can send them to acwinfo@slfnha.com. Or speak with a trusted healthcare worker.

Miigwetch and stay safe everyone.