



Sioux Lookout  
First Nations  
Health Authority

# CORONAVIRUS COVID-19

## INFORMATION SHEET

## Laundry Tips

November 24, 2020

Always follow the rules in the workplace about collecting, handling, washing and drying laundry and changing bed linen. Here are some tips during the COVID-19 pandemic:

### Handling dirty laundry

- Wear gloves. If there is a chance of splashing on your clothing, wear a gown.
- Handle soiled laundry carefully. Do not shake it out or walk around with it. This can spread germs in the air which can land on surfaces, clients, and other workers. Put it in the nearest laundry container right away.
- If linen is soiled with feces, put the feces in the toilet or in a sealed garbage bag.
- Do not sort or pre-rinse dirty laundry in places like bathrooms. This must only be done in the laundry room.
- Watch out for sharps. Handle items from the corners so you can see what you are touching.
- If dirty laundry is wet, wrap it in a dry sheet or towel before placing it in a laundry bag. Do not overfill laundry bags. You should be able to securely tie the bag closed.
- Do not store clean and dirty laundry near each other. Do not mix laundry with cleaning items like mop heads and cleaning cloths. These must be washed in a separate cycle.
- Wash re-usable laundry bags before they are used again.



### Settings where clients do their own laundry

- Make sure that clients have laundry soap and know how to safely use laundry equipment.
- Create a space to store dirty laundry well away from clean laundry.
- Explain to clients that they should not share clothing or sheets and towels with others. This is to reduce the spread of germs.

Adapted with permission from Toronto Public Health