

What are the differences in symptoms between COVID-19, the common cold, and influenza?

Symptoms	COVID-19	Common Cold	Influenza (Flu)
Fever	Common	Rare	Common
New or worsening cough	Common (often dry)	Common (often mild)	Common (often dry)
Loss of taste or smell	Sometimes	No	Rare
Shortness of breath	Sometimes	No	No
Unexplained fatigue	Common	Sometimes	Common
Body or muscle aches	Sometimes	Sometimes	Common
Runny or stuffy nose	Rare	Common	Sometimes
Headaches	Sometimes	Rare	Common
Sore throat or difficulty swallowing	Sometimes	Common	Sometimes
Nausea or vomiting	Rare	Rare	Sometimes
Diarrhea	Sometimes in children	No	Rare
Sneezing	No	Common	No
Watery, itchy, or inflamed eyes/eyelids	Rare	No	No

Source: Alberta Health Services, Centers for Disease Control and Prevention, WHO



Sioux Lookout
First Nations
Health Authority

If you have any new or worsening symptoms,
self-isolate and call for an assessment.

Visit the Public Health Ontario website
for up-to-date screening information.

