

How to STOP the spread of germs

- Cough or sneeze into your elbow
- Wash hands frequently (20 seconds with soap and water)
- Minimize touching of shared items and surfaces.
- Do NOT touch your face
- Do NOT shake hands

Precautionary measure suggestions during COVID-19 pandemic in Suboxone Programs

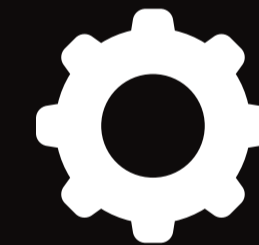
Modifying Suboxone Programs during this time:

- Ensure cups are discarded after **each** use.
- Clean surfaces frequently, monitor frequently touched surfaces.
- Have DOT workers sign in participants, do all paperwork.
- Postpone puzzles, group cooking and other group activities until after the pandemic. Consider online activities or radio bingo.
- Consider social distancing practices.



Suggestions for participants

- After DOT procedure is complete, put your own cups in the garbage.
- If you are using, do NOT share drug equipment (ensure you have adequate new supplies from your local NDS)
- Try to stay 1-2 m apart from other participants and DOT workers.



Suggestions for DOT workers

- Wash hands before and after each shift, as well as frequently throughout shifts.
- Each DOT worker have their own pen.
- Cross train DOT workers from other departments, plan for worker absenteeism.
- Notify program coordinator if you experience symptoms of dry cough, fever, or shortness of breath

