



Sioux Lookout  
First Nations  
Health Authority

# CORONAVIRUS COVID-19

## INFORMATION SHEET

### HOME VISITS: CLIENTS WITH SYMPTOMS/COVID-19

JUNE 2, 2020

*These recommendations apply to any service that is entering the household (e.g. Home Care Workers, Personal Support Workers) of people who are in self-isolation and have respiratory symptoms or have been diagnosed with COVID-19.*

#### PRE-VISIT

- If you are sick, you need to let your supervisor know and stay home
- Do you have access to personal protective equipment (PPE) – gloves, gowns, face shields or goggles and surgical masks?
- Are you aware of when you should use PPE? If not, ask your NIC for direction.
- Have you been taught how to put the equipment on and how to safely remove and dispose of the used equipment? If not, ask your NIC for direction.
- Is this an essential visit, or can it be done over the phone or re-scheduled?

#### COVID-19 Checklist



#### VISIT

- Wash your hands with soap and water for at least 20 seconds or use a hand sanitizer, then put on your gown, mask, face shield or goggles, and gloves before entering the home.
- If cleaning the household, dishes can be washed with dish soap as normal.
- Laundry does not have to be separated for sick people and non-sick people. It should be machine washed with regular laundry detergent on a hot cycle and dried thoroughly in the dryer.
- High touch surfaces like toilet flush handles, sink taps, doorknobs, light switches, and tables should be cleaned and disinfected with regular cleaning solutions. Empty garbage can and dispose of it normally. Ensure there is a clean bag replaced in trash can





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### POST-VISIT

- When finished at your client's house, remove your gloves and gown. Dispose of them in a garbage can and wash your hands. You can use an alcohol-based hand rub if available or wash with soap and water for at least 20 seconds, ensuring that all fingers, crevices, and surfaces are clean.
- Then, remove your goggles or face shield and mask by the elastic loops around the ears. Dispose of these in a garbage, then wash your hands again.
- Any equipment that you have brought into the house should be wiped down with disinfectant wipes or cleaning solution after leaving the client's house and before you bring it into another home. This includes things like a vital sign machine, thermometer, scale, pens, and clipboards.

